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# LinkedIn posting

# Post 1

We’re encouraging our employees to go on lunch-time walks as part of the Medway Can healthy lifestyle campaign.

A quick stroll can have massive benefits to people’s physical and mental health.

Click here for more: <https://medwaycan.com/latest-news/medway-employer-engagement-pack>

# #MedwayCanWork #MedwayBusiness

# Post 2

A good company supports their staff inside and outside work.

We’re helping our staff eat healthier as part of the Medway Can campaign.

Find out more: <https://medwaycan.com/latest-news/medway-employer-engagement-pack>

# #MedwayCanWork #MedwayBusiness

# Post 3

A healthier workplace is a happier workplace.

That’s why we’re backing the Medway Can campaign.

Discover more: <https://medwaycan.com/latest-news/medway-employer-engagement-pack>

# #MedwayCanWork #MedwayBusiness